HOW TO GET FOOD DURING THE CORONAVIRUS
UPDATED MARCH 2021

THERE ARE SEVERAL PROGRAMS THAT YOU MAY BE ELIGIBLE FOR TO HELP BUY FOOD:

- **Unemployment Benefits:** Apply here: [https://does.dcnetworks.org/initialclaims](https://does.dcnetworks.org/initialclaims) or call (202) 724-7000 for more information.

- **SNAP (EBT/food stamps):** Apply here: [https://dhs.dc.gov/publication/combined-application-benefits](https://dhs.dc.gov/publication/combined-application-benefits) or submit a paper application in person. [https://dhs.dc.gov/service/apply-benefits](https://dhs.dc.gov/service/apply-benefits) or call (202) 727-5355 for more information.

- **WIC:** If your household has a pregnant woman, infant, or child under 5 years old, you may be eligible to receive WIC benefits. Visit [https://www.dcwic.org/covid-19](https://www.dcwic.org/covid-19) or call (202)442-9397 for more information.

- **P-EBT (Pandemic EBT/School-Aged Children):** The federal government continues to provide funds to purchase food to families with children who normally receive free or reduced-priced school meals. Visit [dhs.dc.gov/p-ebt](https://dhs.dc.gov/p-ebt) for more information.

- **Stimulus checks:** The federal government has sent a second stimulus check of up to $600 per household member to anyone with a social security number in January 2021. A third stimulus check of up to $1400 per household member to anyone with a social security number is currently being distributed. If you did not get the full amount of the first and second payments you were eligible for, you must claim the amount on a 2020 tax return. Even if you aren’t required to file, you must file a 2020 tax return to claim the payment benefits. Visit [www.irs.gov/coronavirus](https://www.irs.gov/coronavirus) for more information.

- **Seniors:** Adults 60 years and older may be eligible for home delivered meals through the Department of Aging and Community Living (DACL). Please call (202) 724-5626 for more information on the program to see if you qualify.

- **Unhoused Individuals:** If you or someone you know is experiencing homelessness please call the shelter hotline at (202) 399-7093 or visit [https://bit.ly/DCFoodResources](https://bit.ly/DCFoodResources) for a full list of shelters and meal sites.

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**Need help applying for SNAP or WIC? Call DC Hunger Solutions:** **202-640-1088**

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**SAFETY FIRST!**

Protect yourself when you go out to get food. The Mayor extended the Public Health Emergency through May 20, 2021. As vaccines continue to become more available, residents are asked to continue wearing masks at grocery stores and farmers markets. If possible, please send one member of your household and leave children, seniors, and other vulnerable family members at home when you go food shopping.

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**DO YOU NEED HELP FINDING FREE FOOD?**

- Visit [coronavirus.dc.gov/food](https://coronavirus.dc.gov/food) for food resources available in DC.

- Call 1-888-349-8323 or visit [gethelp.dc.gov](https://gethelp.dc.gov) if you have been told to quarantine by a doctor and need food and supplies.

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**HOMELESS SERVICES DAY PROGRAMS & MEAL SITES:**

To mitigate the spread of coronavirus (COVID-19), many programs serving individuals experiencing homelessness across the District are modifying operations. This [homeless services day program and meal sites list](https://bit.ly/DCFoodResources) shares the most up-to-date information on the operations of privately-funded day programs across the District.

The complete list of services may be found here: [https://bit.ly/DCFoodResources](https://bit.ly/DCFoodResources)