### Adult Meal Programs in the District Available During Covid-19

Updated March 20th, 2020

For more information on food assistance provided during the Coronavirus, go to the D.C. Food Policy Council website: <a href="https://dcfoodpolicy.org/resources/coronavirus/">https://dcfoodpolicy.org/resources/coronavirus/</a>

# How to Sign up for the Supplemental Nutrition Assistance Program (SNAP):

The District's SNAP program helps residents buy the food they need for good health. Individuals can apply for SNAP benefits through the D.C. Department of Human Services online or by calling (202) 727-5355. During COVID-19, all current SNAP recipients will be automatically re-certified.

#### How to Sign up for the Supplemental Nutrition Program for Women, Infants and Children (WIC):

WIC provides important services and nutrient-rich foods to pregnant women, infants, and children up to age 5. Individuals can apply for WIC through the D.C. Department of Health by calling 1(800) 345-1WIC.

## **Feeding Sites Serving Grab and Go Meals**

- □ Little Sesame in partnership with Dreaming Out Loud is offering meals for vulnerable communities at Kelly Miller Middle School Monday-Friday from 4:00-6:00pm at 301 49th St NE
- □ N Street Village providing bagged breakfast 7:00-8:30am daily and bagged lunch from 12:00-12:30pm daily at 1333 N St NW

## **Food/Grocery Distribution Sites Offering Pre-packed Food Boxes**

- □ Allen Chapel AME Church on Fridays from 9:30am-12:00pm and the 1st, 3rd and 5th Wednesdays at 8:30am-10:30 am at 2498 Alabama Ave SE
- □ Bread for the City offering groceries to medical patients with urgent care needs at NW center from 8:30 am-12pm (SW center is closed). NW center is located at 1525 7th St NW #3201
- □ Father McKenna Center on Mon-Thursday 1:30 4:00PM at 19 I St NW, Washington DC
- □ LaSalle Backus Education Campus on Fridays 12:00pm-2:00pm at 501 Riggs Rd NE
- ☐ Martha's Table at The Commons offers shopping on site once a month for produce and pantry items on Mon-Friday from 11:00 am − 4:00 pm, Tues 11:00 am − 6:00 pm at 2375 Elvans Rd SE
- ☐ Martha's Table Market at The Maycroft offers shopping on site once per month for fresh produce and pantry items on Mon-Friday from 11:00 am − 3:00 pm at 1401 Columbia Rd NW
- □ Urban Outreach on Thursdays and Saturdays, 10:00am-2:00pm at 5343 C St SE. Call (202) 575-4867 for more information. Leave a voicemail and someone will contact you.

## **Free Meals at Community Kitchens**

Community kitchens will offer lunches for those in need of a meal and will operate out of the restaurants' side doors.

- ☐ American Eats Tavern, 12 5 pm daily at 3139 M St NW
- □ Jaleo, 480 7th St NW (Penn Quarter)
- Oyamel Cocina Mexicana, 401 7th St NW
- □ Zaytinya, 701 9th St NW

# **Additional Free Take Out Meals for Specific Adult Populations**

Food industry workers:

Hook Hall, daily 6-8 pm at 3400 Georgia Ave NW (Family meals and care kits also available)

#### Seniors:

☐ Medium Rare is delivering free meals to the isolated senior community who are 70+ in DC, email <a href="mail@MediumRareRestuarant.com">mail@MediumRareRestuarant.com</a> for information and to request a meal

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### Hospital workers (with valid ID):

- Rasa, free take-out meals for hospital team members and their families at 1247 First St SE
- □ &Pizza, free pizza to hospital workers at Barracks Row, Chinatown, Dupont, E Street, H Street, Hotel Hive, K Street, U Street, Rayburn, Tenleytown, Potomac Yards (text 200-03 #Hero to obtain unique code)

## **Healthy Corner Discounts**

To ensure that nutritious food is available in all DC neighborhoods, DC Central Kitchen's Healthy Corners program is continuing operations and discounting fresh, whole fruits and vegetables up to 50%. Participating stores are below, and stores where you can get \$5 for fresh produce when you use SNAP benefits are **listed in bold.** 

A & S Grocery, 4748 Sheriff Road NE	Anacostia Market, 1303 Good Hope Road SE
Ambo Market at 301 P ST NW	Bodega Market, 1136 Florida Ave NE
BP Benning Marketplace, 4400 Benning Rd NE	BP Blaire Gas Station, 7000 Blair Rd NW
Brookland Supermarket & Deli at 2815 7TH St NE	Capitol Market, 2501 North Capitol St NE
Circle 7,1211 Mt.Olivet Road NE	Crown Gas Station Florida Ave, 908 Florida Ave NW
DC Mini Mart, 1828 1st Street NW	Dollar Plus Food Store (Penn Ave), 2529 Pennsylvania Ave SE
Dollar Plus Food Store (Bladensburg Rd.), 3182 Bladensburg Rd NE	Dollar Plus Food Supermarket (Howard Rd.), 1453 Howard Road SE
Economy Market, 1804 D St NE	Elmira Grocery, 4401 South Capitol Street SW
Exxon Gas Station at 1601 New York Ave NE	FlexCare Pharmacy, 3857 Alabama Ave SE
Fort Drum Market, 4868 MLK Jr. Ave SE	G&G Grocery, 2924 Minnesota Ave SE
Good Food Market, 2006 Rhode Island Ave NE	Grubb's Southeast Pharmacy, 1800 MLK Jr Ave SE
Helen Mart, 4907 Nannie Helen Burroughs Ave NE	Holiday Market, 3509 Wheeler Rd SE
Kwik Stop, 4801 Georgia Ave NW	Langdon Market at 2409 Franklin St NE
Liff's Market, 600 Alabama Ave SE	Market 77, 3021 Georgia Ave NW
McKinley Market, 321 T Street NE	Mellon Market, 2921 Martin Luther King Jr Ave SE
Missouri Avenue Market, 5900 Georgia Ave NW	MLK Mini Mart, 3333 MLK Jr. Ave SE
Neighborhood Market, 1611 Rhode Island Ave NE	Newton Market, 3600 12th St NE
Night N Day 24 Hour Store, 5026 Benning Rd SE	Northeast Supermarket, 1201 Mt Olivet Rd NE
Secrets of Nature, 3923 South Capitol St SW	Shipley Super Market, 2283 Savannah Street, SE
Smiley Mart, 3019 Martin Luther King Jr Ave SE	Sonya's Market, 2833 11th St NW
Starlight Food, 5424 5th St NW	Sunbeam Market, 2324 North Capitol St NW
Texas Convenience Store, 4350 Texas Ave SE	The Cupboard, 1504 East Capitol Street NE
T&G Grocery, 1727 North Capitol St NE	Thomas & Sons Food Market 3425 Benning Rd NE
Toni's Market, 5319 East Capitol Street SE	Uptown Market, 2701 14th St NW
Wheeler Market, 4133 Wheeler Rd SE	Z Mart, 1507 Kenilworth Ave NE