



## Nutrition & Food System Education Working Group

Notes from March 6, 2019

**Attended:** Tambra Stevenson; Jillian Griffith; Angela Young; Pumpkin Dicks; Michael Wilkerson; Amanda Forsey, Kristy McCaron; Emily Johnson

### Introduction & Recap

- Provided recap of the meeting before: we hope to have a presentation on programs/legislation/ideas from different jurisdictions or innovative practices; we have two goals for 2019: 1) promoting nutrition and food system education for all and 2) promoting local food producers, including owners of color or women
- Core research: What is the nutrition and health literacy baseline for all residents in the District? While we believe health, nutrition, and food systems are all connected and comprehensive, we acknowledge that we will likely to examine these baselines separately because they are likely assessed difficulty.
- Kristy shared the YMCA pre-post survey created by GW evaluators
  - o The YMCA program is focused on three different sections: cooking confidence, daily intake and food security held over 16-weeks; 2 years out of 3 years; each level has different knowledge
  - o Also pre-post surveys for kids
  - o Nutrition and health literacy questions
- Jillian mentioned the Georgetown's Office of Minority Health and Health Disparity held a series of focus groups on nutrition education in cancer prevention groups; senior focus groups
- Other groups working on nutrition and health -- Mayors Commission on Health, Physical Fitness, Wellness & Healthy Youth and Schools Commission, and Diabetesity Committee
- Questions we need to address
  - o What info does OSSE have – health question – school profiles with specific questions
    - Standards with nutrition education
    - School health profiles and data
  - o What info will come out in the NEPA Grants – for example, we don't know the numbers for participation
  - o How will nutrition education standards change when they incorporate sustainability?
- Kristy interested in creating evaluation tool or repository
- Draft steps to determining the nutrition education landscape research:
  - o Compile all the evaluations in the District



- Compile all the data and reports
- Compile a list of programs happening around nutrition education and food system education
- Analyze the data and identify the gaps and opportunities
- We will finalize these steps and share with the group.
- Amanda is interested in helping with this task – connect to Tony and Danielle

### **New York City Nutrition Education Legislation**

- Tambra presented on the Wellness, Equity & Learning Legislation Campaign (WELL Campaign), the effort in NYC to have comprehensive nutrition education
- First they created a report – examined the baseline data of nutrition education inequity in schools
  - Created quantitative, qualitative assessments of nutrition education
- Then using that insight, a coalition of partners built the WELL campaign – legislation to lobby Department of Education to become a leader in comprehensive school wellness policies including developing a state wellness policy, funding wellness policies in schools, and creating an online resource hub
- Things that we would want to examine when thinking through legislation in the District
  - Economic impact of lack of nutrition education?
  - Capacity and funding issues with the FPC?
  - What would the result of this research look like? Maybe a pitch deck with recommendations?

### **Online group – Google Classroom**

- **Tambra will send the working group members the link to the google classroom**
- Google classroom allows you to link to other google platforms like google docs

### **Announcements**

- Interested in learning more about the DC Budget and how you can get involved? Check out the DC Greens, Martha’s Table, and DC Hunger Solutions lobbying training from 6-8 pm on
  - Need to RSVP for the DC Greens; [link here](#)
- DSLBD’s Grown in DC Grants are due on March 15; link [here](#).
- Pumpkin launched a petition to fully fund school breakfast through the Healthy Students Amendment Act
  - Sign the petition [here](#) and an email will go directly to the Mayor.
  - The goal is 19,000 signatures, and there are currently almost 18,500!!
- Legal Aid can help with folks getting access to SNAP; check out their website [here](#).



- Kristy will be not at the next meeting in April but will look into the OSSE data

**Our next meeting will be Wednesday, April 3 from 5-6 pm before the full FPC meeting. Check out future meeting dates and locations [here](#).**

We will have a presentation from DC Health – SNAP Ed at our next meeting in April. We’d like them to present on their goals with SNAP-Ed; the number of people they serve; the different sites with SNAP-Ed programs, and any evaluation they work on.